



In The Moonlight

GWRRRA Chapter M - South Central Region H - Arlington/Mansfield Texas

www.txmoonlighters.com

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GoldWing Road Riders Association

Friends for Fun, Safety and Knowledge

June
2017

Hello Chapter M!

I hope everyone is doing well and getting ready for summer and the vacation season. I understand that Memorial Day weekend is the unofficial start of the vacation season. I also heard that this May has been the driest May on record for DFW. It sure didn't seem that way to me. I guess the airport has been missing all the rain we have received.

Speaking of Memorial Day, I hope everyone took some time to reflect on why Memorial Day weekend is observed. Memorial Day is for remembering the people who died while serving in this country's armed forces. Those men and women paid the ultimate sacrifice so that we have this wonderful free country in which to live. Don't let the lives of those service people and the heartache of their families go to waste. Be thankful for where we are and what we are able to do and enjoy.

We have the Region Rally and the Texas District Rally behind us this year. A few brave or crazy members made the trip to Wichita Falls even though the weather forecast was for a lot of rain. Wouldn't you know, the weather people finally got it right. Larry, Rhonda, and myself took our bikes on the trip hoping to be able to make the journey to Scott Mountain in Oklahoma on Friday. An hour after we arrived on Thursday, the rain and storms started and did not quit until Saturday about noon. Thank goodness we had our Uber driver Louis Potts, to chauffeur us around in his pickup truck. We still had a good time as usual with Chapter M. The Rally was somewhat of a disappointment because of the turnout of members and vendors for the event. Our Chapter had a good representation and we participated in the Teepee contest thanks to Kristee taking the time to build our display. We didn't win but we tried. The competition was very tough.

Be getting ready for hot weather and some nice rides coming up on the calendar. Get those cooling vests out of the closet. Make sure the coolant is topped off in your bike. Check the tires. Hot pavement is harder on the tires and you may only have two holding you up. We hope to have a great summer riding season and see as many of you on the rides as possible. Riding our bikes and trikes and having fun is the purpose of our Chapter. You have to participate to experience the fun.

Keep an eye on the Chapter M website calendar for the upcoming rides. I know we have a fun event lined up for this coming weekend on June 3rd. If you would like to lead a ride get with Rich on a date. There are some rides archived on the website if you are unsure of a destination. If you are just unsure about leading a ride and what is involved, just get with any of our staff or long term members to help you through the questions. You will have a good time and the ride will be fun for all involved. We look forward to seeing you at the Chapter meeting on Thursday the 1st of June.

Ride Safe and Have Fun,

Wayne & Kristee
Chapter M Directors
"Let's Roll"

In Memorium

Between the years of 1983 (when Chapter M was established) and 2004, we probably lost some of our beloved M'ers. It is our sincere apology that these people were omitted in our list. If you have any info on anyone from those years, please let us know.

2004	Greg Meadors	04-20-04
2005	Dean Bumpas	08-24-05
2005	Twyla Cook	12-07-05
2006	John Shumaker	11-12-06
2008	Ron Tolsen	07-15-08
2008	Dan Roady	09-12-08
2009	Jimmy Hyler	01-04-09
2010	Larry Rodgers	12-12-10
2012	Warren Burt	05-15-12
2012	Dave Thomas	12-07-12
2013	Susie Hicks	01-25-13
2013	Charlie Sheldon	10-05-13
2015	Lonnie Ellis	04-11-15
2015	Glenn Beaird	08-02-15
2016	Daisy Cole	03-23-16
2016	Ron Johnson	04-21-16
2017	Sheila Penney	03-18-17

Let's pray that we have no more entries for this year.

Greetings to all GWRRA Members!

Please read the following information for important details regarding parking and pets at the Gaylord Texan!

PARKING:

If you are staying at the Gaylord Texan, there is a \$10 parking fee in addition to your room cost. That parking fee has been negotiated down from \$18.50/day to \$10.00/day. This is a great deal! As you likely know, this caliber of a resort is usually well over \$300/day

plus resort fee plus parking fee, etc., but your Wing Ding rate is just \$159 plus the discounted \$10 parking rate.

You will simply use your room key to gain access to the parking areas!

For those who are not staying on the property (perhaps staying at another hotel or camping nearby), the current Gaylord Texan parking fee structure states that you would pay \$10.00 each time you entered the lot. According to this structure, you would be charged \$10.00 every time you returned to the lot from a ride, re-entered the lot after taking your bike into the building for service, etc. We, GWRRA, felt this was unfair to those choosing to stay at another location, and negotiated an option for you to purchase a parking pass for \$50.00, good for the duration of the event. This parking pass will allow you to enter and exit the lot as many times as you'd like throughout the event, August 29 - September 2. This parking pass, and price, was negotiated with our Members' best interest in mind, giving you the best possible option under the circumstances. These parking passes (\$50.00) can be purchased at the Valet Desk inside the Lobby of the Gaylord Texan.

All parking fees are imposed by the Hotel Parking Management, not GWRRA.

PET POLICY

We love our fur babies as much as anyone, however, the Gaylord Texan also has a strict "No Pets" policy. Service animals will be permitted, but proper documentation will be required. Please plan for this accordingly.

Warm Weather Worries

Motorcycle riding, for many of us, is done during the spring and fall seasons due to excessive heat in the summer months. For all of us however, we are likely to ride in hot weather at least once in a while. Since too much heat can cause severe medical emergencies, it is important to know how to avoid becoming a victim of the heat. So how do we avoid heat stress, or more severe conditions like hyperthermia, to remain safe? Let's review some warm weather riding tips.

First, make sure you have gear appropriate for the weather. Consider what you will wear to cover your arms while riding in direct sunlight during daylight hours (if you are lucky enough to avoid the rain). If you have it, a mesh jacket provides unparalleled ventilation and abrasion resistance. A denim shirt is another

alternative that is fairly light weight and offers better protection than t-shirt material. Protection is important, but keep in mind that when you are comfortable, you are able to focus on the act of riding. Denim is a common choice for long pants, but you might want to think about purchasing motorcycle-specific riding pants for extra protection. Gloves are the other area where the ambient temperature is usually factored into the decision of what to wear. Perforated leather gloves will breathe better than solid leather. Another good choice would be mesh gloves which, like the jackets made of similar material, provide great ventilation coupled with superior abrasion resistance and definitely are worth looking into. Consider carrying a water absorbing collar that you can soak in water and wear around your neck to help keep you cool, or be prepared to soak and wear your shirt or t-shirt at a rest stop in the hottest weather. Another great option is a cooling vest.

Second, plan to maintain your hydration level. Every time you stop for gas or a rest break in hot weather, take time to drink enough fluids to replace what you lose through perspiration. This should be at least eight ounces per hour during the heat of the day. You may think that your clothes are not holding an entire cup of sweat that you could wring out of them. And that is probably true. While you are riding, some of your perspiration is soaked up by your clothes and is carried away by the air flowing around you. And some moisture evaporates directly from your skin. It must all be replaced to keep your system hydrated. A simple way to determine if you are getting enough fluids is to monitor your output at rest stops. In short, if you are drinking frequently but don't have to go at each rest stop, then you probably are not drinking enough. Modify this as necessary for your own situation. Carry a bottle of water or sports drink (stay away from caffeinated drinks) to sip from whenever you need it and be sure to refill it at rest stops.

Third, remain aware of your own physical condition. Exposure to too much heat for too long can result in hyperthermia. This is the condition where your body cannot properly regulate your internal temperature and your temperature rises uncontrollably. If allowed to reach this state, it is a medical emergency requiring immediate medical attention. The key is to prevent your body from reaching this condition. Watch for symptoms like the absence of sweat in hot weather. This could mean your body has lost too much water and cannot produce any more sweat, the prin-

cipal means of temperature regulation. Without the ability to sweat, the core temperature of the body will rise quickly. Other early warning symptoms include confusion, headache, dizziness, redness of the skin, often most noticeable on the face. If you notice any of these symptoms in yourself or those riding with you, find the nearest place to sit down, drink lots of water, and relax in the shade or an air conditioned space. Remove gear and loosen clothing to allow the body to cool itself. Increase the frequency of breaks during the hottest part of the day. And definitely get out the water absorbing collar or soak your shirt at this time. It will help bring your body temperature back down.

With the right gear and travel plans that include frequent breaks with plenty of water, you can enjoy riding safely even in the hottest weather.

Flourless Brownie Cookies

Makes about a dozen

- 1/2 cup softened butter or coconut oil*
- 1/2 cup brown sugar
- 1/2 cup white sugar
- 1 egg
- 1 teaspoon vanilla
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup cocoa powder
- 1/2 cup white chocolate chips
- 1/2 cup semi-sweet chocolate chips
- 1/2 cup walnuts (optional)

Preheat oven to 350F. Mix together the butters and sugars. Add the egg and vanilla and mix until combined. Mix together the soda, salt, and cocoa and add the wet ingredients, mixing until combined. Stir in the chocolate chips and nuts. Bake for about 10 minutes or until they look done.

I haven't tried coconut oil, but it should work. Heh!



Cool Household Stuff from Kristee



Bathroom Drawer Organization



7/1/20
Kitchen Drawers
Useless tools, worn-out pot holders, a pile of pencils ... you'll be surprised at what's hiding there. Empty drawers and sort everything by category. Remove broken or duplicate items, then arrange the rest with dividers and trays. -Pillip



Shower Ring Scarf Hanger
DIY STORAGE HACKS



GWRRA Levels Program

Congratulations!

May was a great month for the Chapter M Levels program.

Level I:

Gene & Annette McElyea and Fred & Sherry Myers entered the Levels program this month by committing to riding safely.

Level II:

Louis Potts & Dotty Doyle earned their Level II when taking the trike course at the District Rally.

Level III:

Carl Shifflette earned his Level III when taking the trike course at the District Rally, having already completed the First Aid/CPR course.

Blanca Lerch earned Level III as a Rider after completing a Rider's course. She was already a Level III as a Co-rider.

Level IV:

Dennis Martini renewed his Level IV after completing the trike course at the District Rally.

If you haven't already, I would like to encourage you to get involved in the GWRRA Levels program.

The GWRRA motto is "Friends for Fun, Safety and Knowledge" and the Rider Education motto is "Safety Is For Life".

We aren't here to try to dictate how you should ride, but rather to boost your confidence and skills, by providing quality education on safety.

If you are ready to start the journey, or need more information about advancing through the program, please see me.

Did you know that you can check your Level status and see all of the classes that you have taken?

Here's the easy way to do it.

- First, go to www.gwrra.org
- In the dark blue bar across top roll over Officers
- You will see Rider Education drop down / click this
- In the left side of the page you will see Light blue boxes
- Click the box My R.E. Information

Membership Login Help (You must be a current GWRRA member to Login)

Username = Membership Number ie. 123456 or 123456-01

Password = Numbers in Your Address + Membership Expiration Date (MMYY) ie. 12 W 6 th St only 12 would be used, followed by your membership expiration date. If your membership expiration date is 01/15 then your password would be 120115 (numbers in your address, member expiration month & year) Check the front of your Wing World or Membership card for your membership number & expiration date.

If you need help with this process, please contact me and I can help you.

What you'll find there is all of your Member and Chapter and Level information, as well as all the training courses that you've completed. There's also a button down at the very bottom, "All History", that shows every course date if you've taken it more than once.

Let me know what you think.

Learn for life - yours!

-Chris

From Kristee's Kitchen

When I first saw the recipe that inspired this (from Pillsbury), it had a lot fewer ingredients and was intended as a snack. I stepped it up a few notches and made it a breakfast feast (translation: less healthy).

What you need:

5 eggs (go for cage free, humane certified - no beak-less chickens here!)

1/4 cup milk

16 oz refrigerated breakfast biscuits (I used Pillsbury flakey kind)

4 scallions (green onions, spring onions, whatever you prefer to call them)

1 cup shredded extra sharp cheddar cheese

If you are into meats, cooked center cut bacon or cooked sausage

11x17 pan, sprayed with cooking spray (Note: I think that a 9x13 works better, but might need to back a little longer)

1. Mix your eggs and milk in a large bowl. Cut each biscuit (I'm all about scissors in the kitchen) Cut them into fours and add to the bowl. I like to do this before I cook the bacon or cut up the scallions, give the biscuits some time to really soak in the eggs

2. Cut up your scallions, shred your cheese, cook and break up your bacon (or sausage). Add everything to the bowl. Re: the cheese - my home economist mother tells me that pre-shredded cheese is coated with something or other to keep it from clumping. A. Gross, B. If you shred it yourself, it will melt better.

3. Mix it all up and pour into your pan. Bake at 350 for 25 minutes (make sure that it isn't runny, mine took 28 minutes this morning).



Fun, Useless Facts

The Hundred Year War actually lasted 116 years.

Most "paper" banknotes are made from cotton.

The owner of the Segway Company died riding a Segway.

Platinum was the only discovered in 1735. Until then, it was thought to be 'fake' silver.

In 1960, the strongest earthquake on record occurred in Chile. It had a magnitude of 9.5 (Out of 10) on the Richter scale.

In some US states, women and black people had the right to vote as early as the 1790's.

In 2012, Costa Rica outlawed hunting.

In 1943, the entire crew of the destroyer USS W.D. Porter was put under arrest. Why? It almost sunk President F.D. Roosevelt's ship. TWICE.

Actually, Christopher Columbus never set foot on mainland North America.

The brands Puma and Adidas were founded by two brothers.

In the USA, deserters from the Vietnam War are still being tracked down and arrested.

There is no hospital in Vatican City.

St. Patrick was, in fact, not from Ireland.

Nepal is the only country to have a non-rectangle flag.

The state of Alaska is 425 times larger than the state of Rhode Island, USA.

Selling and using chewing gum in Singapore can result in fines and jail time.

The highest mountain in our solar system is on Mars.

Winnie the Pooh was named after the bear "Winnie" and the swan "Pooh".

Never heard of Xiaomi? It is the third largest mobile phone producer in the world.

In most families, there are fewer photos of the second child than of the first one.

Taphophobia is the fear of being buried alive.

Bubble wrap was initially supposed to be marketed as wallpaper.

"Senator" means 'old man' in Latin.

Less than 10% of all inmates in the US state and federal prisons are women.

Until next month!!

Kristee Orr

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Roadrunner Magazine reported that Janssen Park Place B&B in Mena, Arkansas has "...splendid overnight accommodations, covered parking for our bikes, and a gourmet breakfast."

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 Bill Craft
 Karl Hubler
 Rhonda Jennings
 Chris Schoenthal
 Ken Peterson
 Cyndi Burt
 Debbie Fuller
 David Boles
 Connie Whan
 Dayle Penney

June 03
 June 06
 June 09
 June 14
 June 18
 June 20
 June 22
 June 24
 June 27
 June 27
 June 30

June Rides

Saturday, June 03, Ham Orchards Ride, David & Laura lead. Leave Cardiology Partners @ 8:00am
Sunday, June 11, BOGO (Buy One, Get One), Marvin & Sylvia lead. Leave Cardiology Partners @ 11:00am
Saturday, June 17, Impromptu Ride. Leave Cardiology Partners @ 10:00am
Saturday, June 24, Bug Run. Wayne & Kristee lead. Meet at Rosa's cafe @ 7:30pm (2601 E. Broad)



Troy & Jodi Gould
 Karl & Naomi Hubler
 Jeff & Dalinda Seguin
 Steve & Kathy Tackel
 Terry & Sue Davis
 Gene & Bonnie Lowery
 Mike & Debbie Fuller
 Larry & Rhonda Jennings
 David & Ginny Topley
 John & Charolette Lauer
 Dan & Marsha Bailey

June 02
 June 03
 June 07
 June 08
 June 12
 June 12
 June 14
 June 21
 June 23
 June 26
 June 30

July Rides

Saturday, July 1 - Impromptu Ride, Leave Cardiology Partners @ 6:00pm
Sunday, July 9 - Impromptu Ride, Leave Cardiology Partners @ 7:30am
Saturday, July 22 - Chapter Pool Party - Details to be posted soon
Saturday, July 29 - Impromptu Ride, Leave Cardiology Partners @ 6:00pm

Moonlighter T-Shirts, Polo Shirts,

Hats, Vests, Jackets

and Flags Available

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for all of

your Chapter Apparel Needs

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Where Chapter "M" Meets

Chapter Meeting 1st Thursday of each month
 @ Spring Creek Barbeque, 1724 HWY 287 (at
 Debbie Lane), Mansfield, TX. Dinner at 6:00
 PM Meeting at 7:00 PM, Come join us!

Other Area Chapter Meetings

“P” 7:00 PM on 2nd Thursday, Spring Creek 317 Hwy
 377 @ Overton, Granbury

“R” 7:30 PM on 4th Tuesday, Location Unknown

“W2” 7:00 PM on 3rd Thursday, Ryan’s, 1400 N.
 HWY 77, Waxahachie

Slow Month for Rides

As you have noticed by now, there are no ride reports for May, between the weather and the district and region events, we just didn't have anything locally. I do know that we had members that attended the rallies, but don't know of any particulars.

Looking at the ride calendar for the next two months, we should get in more local rides. I had to put the wing on the battery tender, been too busy with other things.

Just because the calendar shows an Impromptu ride, don't think that it won't be fun, we ALWAYS have fun!

See you this coming Thursday night at the meeting, keep the shiny side up!

-Jim
 Newsletter Editor

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TUESDAY-FRIDAY 9AM-7PM
SATURDAY 9AM-5PM
SUN-MON CLOSED



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